



## Learning to Use Public Transport



*Images in this success story are for illustration only and do not necessarily depict the actual client.*

### Background

Client H has a love for motor vehicles but had not often travelled on a bus. He would become very excited when accessing the community and waving at the vehicles that drove by. When speaking with him, we discovered that while he liked the idea of going out on a bus he also appeared a little nervous. It had also been noted that Client H's mobility was a little unsteady and he would often hold onto someone or something when out in the community.

### What We Did

We asked Client H's Dad to apply for a bus pass and then there was nothing stopping us! For the first 4 months, Client H was happy to go out on bus trips. However, he lacked confidence and still required a lot of support with using his bus pass, finding his way to an empty seat, and mobilising safely on a, sometimes moving, bus!

### Client Success

Client H is now using the bus on a weekly and, when possible, daily basis. This is his most favoured mode of transport when going out in the community from Oak Lodge now and it has helped him to not only gain some confidence in himself, but also in his mobility. He no longer needs staff's hands or arms to mobilise in the community or on buses. He makes sure he shows his bus pass to the bus driver, with no staff support, we will only prompt him to get the pass out and put it away. He has also gained the confidence to find a seat by himself and will always give us a big smile once seated! This has enabled Client H to explore new areas around High Wycombe and find new activities he was not aware of before!