



Turning 'Behaviour' into Constructive Activity



Images in this success story are for illustration only and do not necessarily depict the actual client.

Background

Client A started with us about a year ago and one of his main 'behaviours' was finding pieces of paper and ripping them up. This was a known 'behaviour' before he arrived so we were prepared.

What We Did

When he started we made sure we had a pile of papers he could safely rip, thereby removing the negativity that was attached to this activity. To turn this into a positive activity we started working with Client A to use the ripped paper to make paper mâché animals. He seemed to thoroughly enjoy creating something using paper mâché, which incorporated his love of ripping paper, having fun and getting a bit messy, and producing something that he can be proud of and show to his family.

Client Success

Through time, patience and support, Client A turned a behaviour that could be perceived as negative into a constructive activity. He now rips less paper than before, choosing to engage in other sensory processes such as building towers with blocks, learning what different shapes feel like in his hands and matching them with spaces on clock faces and in boxes.